

# DAILY LUNCH MENU

## WEEK ONE

Primary School  
Autumn/Winter 2023 - 2024

CATERING  
SERVICES

MENUS

w/c

04  
SEP

25  
SEP

16  
OCT

13  
NOV

04  
DEC

08  
JAN

29  
JAN

MAIN COURSE

### MONDAY

MEATBALLS IN  
TOMATO SAUCE  
OR  
[V] [VE] PROTEIN  
POWER BALLS IN  
TOMATO SAUCE  
OR [K] JACKET POTATO

### TUESDAY

CHICKEN NUGGETS  
OR  
OR VEGGIE NUGGETS  
[K] CHEESE SANDWICH  
AND SALAD

### WEDNESDAY

ROAST GAMMON  
YORKSHIRE PUDDING  
& GRAVY  
OR  
[V] [VE] QUORN FILLET  
OR JACKET POTATO

### THURSDAY

[K] [V] TASTY CHEESE  
AND CHICKEN PASTA  
BAKE  
OR  
[K] CHEESE SANDWICH  
AND SALAD

### FRIDAY

BREADED FISH  
FILLET SQUARE  
WITH TOMATO SAUCE  
OR  
[V] [VE] OCEAN FRIENDLY  
FINGERS WITH TOMATO  
SAUCE OR JACKET POTATO

SIDES

[V] [VE] Mixed Vegetable  
and  
[V] [VE] Rice

[V] [VE] Beans  
and  
[V] [VE] Wedges

[V] [VE] Oven Roast Potatoes,  
[V] [VE] Broccoli and  
[V] [VE] Baby Carrots

[V] [VE] Garlic Bread  
and  
[V] [VE] Sweetcorn

[V] [VE] Chunky Chips  
and  
[V] [VE] Garden Peas

DESSERT

[V] FRESH FRUIT OR  
YOGHURT OR  
[K] [V] Chocolate Crunch  
and Custard

[V] FRESH FRUIT OR  
YOGHURT OR  
[V] Waffle, Ice Cream  
and Jam Sauce

[V] FRESH FRUIT OR  
YOGHURT OR  
[K] [V] Melting Moment  
and Mandarins

[V] FRESH FRUIT OR  
YOGHURT OR  
[K] [V] Chocolate Sponge,  
Pears and Cream

[V] FRESH FRUIT OR  
YOGHURT OR  
[K] [V] Lemon Drizzle Muffin

KEY [K] Dishes made in the kitchen [V] Suitable for vegetarians [VE] Vegan



EAST RIDING  
OF YORKSHIRE COUNCIL



# DAILY LUNCH MENU

## WEEK TWO

Primary School  
Autumn/Winter 2023 - 2024

CATERING  
SERVICES

MENUS

w/c

11  
SEP

02  
OCT

23  
OCT

20  
NOV

11  
DEC

15  
JAN

05  
FEB

MAIN COURSE

### MONDAY

[K] MEDITERRANEAN  
HAM PASTA BAKE  
[K] [V]  
MEDITERRANEAN  
PASTA BAKE  
OR [K] JACKET POTATO

### TUESDAY

[K] SLIGHTLY  
SEASONED CHICKEN  
OR [K] [V] QUORN  
NAAN  
OR  
[K] CHEESE/CHICKEN  
SANDWICH

### WEDNESDAY

[K] SLOW BRAISED BEEF  
AND YORKSHIRE PUDDING  
OR  
[K] [V] HARVEST SAVOURY  
MINCE AND YORKSHIRE  
PUDDING  
OR [K] JACKET POTATO

### THURSDAY

[K] [V] ITALIAN STYLE  
CHEESE OR PEPPERONI  
PIZZA  
OR  
OR [K] CHEESE SANDWICH  
AND SALAD

### FRIDAY

FISH CAKE WITH TOMATO  
SAUCE  
OR  
[K] JACKET POTATO

SIDES

[V] [VE] Crusty Roll  
and  
[V] [VE] Sweetcorn

[V] Rainbow Rice  
and  
[V] [VE] Mixed Vegetables

[V] [VE] Mash Potato,  
[V] [VE] Baby Carrots and  
Green Cabbage

[V] [VE] Potato Wedges  
and  
[V] [VE] Baked Beans

[V] [VE] Chunky Chips  
and  
[V] [VE] Garden Peas

DESSERT

[V] FRESH FRUIT OR  
YOGHURT OR  
[K] [V] Chocolate Oat Delight  
and Custard

[V] FRESH FRUIT OR  
YOGHURT OR  
[K] [V] [VE] Viennese Biscuits  
and Peaches

[V] FRESH FRUIT OR  
YOGHURT OR  
[V] Ice Cream Roll  
and Fruit Cocktail

[V] FRESH FRUIT OR  
YOGHURT OR  
[K] [V] Chocolate Orange Sponge  
and Cream

[V] FRESH FRUIT OR  
YOGHURT OR  
[K] [V] Raspberry Bun

KEY [K] Dishes made in the kitchen [V] Suitable for vegetarians [VE] Vegan



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# DAILY LUNCH MENU

## WEEK THREE

CATERING  
SERVICES

MENUS

Primary School  
Autumn/Winter 2023 - 2024

w/c

18  
SEP

09  
OCT

06  
NOV

27  
NOV

18  
DEC

22  
JAN

MAIN COURSE

### MONDAY

[K] "YORKSHIRE" ALL DAY  
BREAKFAST OR  
[K] [V] [VE] "YORKSHIRE"  
VEGGIE BREAKFAST  
OR [K] CHEESE/SAUSAGE  
SANDWICH AND SALAD  
STICKS

### TUESDAY

[K] ITALIAN STYLE MINCED  
BEEF PASTA BOLOGNESE  
OR  
[K][V] ITALIAN STYLE  
PASTA NEAPOLITAN  
OR [K] JACKET POTATO

### WEDNESDAY

[K] ROAST PORK,  
STUFFING AND GRAVY  
OR  
[V] [VE] OVEN BAKED  
QUORN FILLET,  
STUFFING AND GRAVY  
OR [K] JACKET POTATO

### THURSDAY

[K] MEXICAN STYLE  
CHICKEN ENCHILADA  
OR  
[K] [V] MEXICAN  
CHICKEN/CHEESE WRAP  
AND SALAD STICKS

### FRIDAY

JUMBO FISH FINGER WITH  
TOMATO SAUCE  
OR  
[K] JACKET POTATO

SIDES

[V] [VE] Hash Browns  
and  
[V] [VE] Baked Beans

[V] [VE] Garlic bread,  
[V] [VE] Baby Carrots  
and Garden Peas

[V] [VE] Mashed Potato, Broccoli  
and  
[V] [VE] Baby Carrots

[V] [VE] Golden Vegetable Rice  
and  
[V] [VE] Vegetable Sticks

[V] [VE] Chunky Chips  
and  
[V] [VE] Garden Peas

DESSERT

[V] FRESH FRUIT OR  
YOGHURT OR  
[K] [V] [VE] Chocolate Cookies  
and Mandarins

[V] FRESH FRUIT OR  
YOGHURT OR  
[K] [V] Shortcake  
and Custard

[V] FRESH FRUIT OR  
YOGHURT OR  
[K][V] Chocolate Crackle

[V] FRESH FRUIT OR  
YOGHURT OR  
[K] [V] Steamed Jam Sponge  
and Custard

[V] FRESH FRUIT OR  
YOGHURT OR  
[K] [V] Oaty Fruit Crunch  
and Custard

KEY [K] Dishes made in the kitchen [V] Suitable for vegetarians [VE] Vegan



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