



Brandesburton Primary School
Subject area: Physical Education



Physical Education Statement of Intent, Implementation and Impact

By the time pupils leave Brandesburton Primary School we aim to develop pupils who:-

Have a lifelong love of being active, an understanding of how to lead an active and healthy lifestyle both physically and mentally as well as having a core basis of skills in Physical Education. A high quality physical education curriculum can inspire all children to succeed and excel, not only in competitive sport and other physically demanding activities, but in everyday life. At Brandesburton Primary we believe that Physical Education and school sport contributes to the totality of the educational experience of pupils. Physical, personal, social, moral, spiritually, culturally and emotional development are enhanced by the movement experiences that make up our broad and balanced Physical Education curriculum. In addition, expression, communication, appreciation and understanding are developed. Physical Education provides a range of experiences that form the basis for lifelong sporting and recreational activity which inspires all pupils to succeed and excel in competitive sport and other physically demanding activities.

Example of Curriculum Progression of Skills – PE

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Athletics	<p>I can run at different speeds.</p> <p>I can jump from a standing position.</p> <p>I can perform a variety of throws with basic control.</p>	<p>I can change speed and direction whilst running.</p> <p>I can jump from a standing position with accuracy.</p> <p>I can perform a variety of throws with control and co-ordination.</p>	<p>I can sprint over a short distance up to 60m.</p> <p>I can use a range of throwing techniques (underarm / overarm) using a selection of equipment.</p> <p>I can compete with others.</p> <p>I can improve personal best performances.</p> <p>I can begin to run at speeds appropriate for the distance.</p>	<p>I can build a variety of running techniques and use with confidence.</p> <p>I can perform a running jump with more than one component. e.g. <i>hop skip jump (triple jump)</i></p> <p>I can throw with accuracy to hit a target or cover a distance.</p>	<p>I can combine sprinting with low hurdles over 60m.</p> <p>I can develop and apply a variety of running techniques and use with confidence.</p> <p>I can perform a running jump with more than one component with control. e.g. <i>hop skip jump (triple jump)</i></p>	<p>I can show accurate control, speed, strength and stamina in my athletics.</p> <p>I show precision and control in take-off and landing when jumping.</p> <p>I can perform a running jump with more than one component with control and precision. e.g. <i>hop skip jump (triple jump)</i></p> <p>I can adapt and apply all my skills to different situations.</p>

Pupil Voice

"I love PE because you get to do lots of different sports and learn new skills."

"I enjoy sports week as we get to take part in so many different activities. I also enjoy when we do intra sports in our team colours"

Photos



Educational visits, visitors and theme days

Here are just some of the things our children have experienced to enrich their learning experiences.

- KC Stadium visit, Tigers Trust sports coaching, All day beach volley ball
- Taking part in the international campaign GO Run For Fun
- Assembly and coaching from Curtis Davies - Ex Hull City Captain and premier league player, Hull KR player's assembly and visit with league trophy.
- Physical climbing, sports activities and problem solving at Carlton Lodge
- Sports week – bowls club visit, Crossfit Barbaric, golf semi-professional, basketball, Hull City Rory the tiger mascot.

Our School Games Mark Journey

We are very proud at Brandesburton Primary to hold a number of awards which demonstrate our commitment to outstanding Physical Activity, Physical Education and School Sport. Over the past few years we have had a consistent contribution to the school games award which has led to us achieving the Gold Mark. The school games mark is a government led awards scheme launched in 2012 to reward schools for their commitment to the development of competition across their school and into the community. Participating in this process allows us as a school to evaluate our PE provision and assist us in developing an action plan for future progress. We are currently working towards the platinum award.

Useful Websites

<https://plprimarystars.com/for-families>

<https://www.activekidsdobetter.co.uk/active-home>

<https://www.bbc.co.uk/bitesize>

<https://www.actionforhealthykids.org/activity/pe-for-parents/>

<https://www.youthsporttrust.org/>

<https://www.a-life.co.uk/>

<https://www.nhs.uk/change4life>

https://www.youtube.com/results?search_query=just+dance

<https://www.youtube.com/user/CosmicKidsYoga>

<https://www.bbc.co.uk/teach/super movers>